



SOUTHWEST PULMONARY & SLEEP CENTRE

Suite 2.12 , Level 2
TRN House 90 Podium Way,
Oran Park NSW 2570
P (02) 4607 5010 F (02) 4607 5011
E reception@swcpc.com.au

Preparing for your Lung Function Test

This test is bulk billed if a valid referral is presented.

PLEASE READ THE FOLLOWING INFORMATION CAREFULLY AS YOUR TEST MAY REQUIRE PREPARATION PRIOR TO THE APPOINTMENT TIME

Check the following medications and *withhold* (if circumstances allow) any of the listed medications for the stated times prior to testing:

1. **Inhaled Nonsteroidal Anti-Inflammatory Agents** e.g: Intal, Tilade withhold 4 hr prior to test.
2. **Short-Acting Beta 2 Agonists** e.g: Ventolin, Bricanyl withhold 6 hrs prior to test.
3. **Inhaled Corticosteroids or Anticholinergic Bronchodilators** e.g: Qvar, Pulmicort, Flixotide, Atrovent withhold for 24 hrs prior to test.
4. **Inhaled Corticosteroids and Long-Acting Beta 2 Agonists** e.g: Seretide, Symbicort, Serevent, Oxis, Nuelin withhold for 24 hrs prior to test.
5. **Long Acting Anticholinergics or Antihistamines** e.g: Spiriva, Dimetapp, Benadryl, Claratyne, Zyrtec, Telfast, Xyzal withhold for 36hrs prior to test.
6. **Leukotriene receptor agonists** e.g: Singulair withhold for 36 hours prior to test.
7. **Oral Prednisolone** e.g., cortisone continue as normal.
8. **Smoking** should be withheld on the day of testing.
9. **Caffeine** e.g: coffee, tea, cola drinks, chocolate should be withheld on the day of testing.
10. **Exercise** - no vigorous exercise on the day of test.
11. If you have had **recent surgery** within the last 4 weeks, please contact the clinic as your test may be required to be postponed.

IF YOU ARE UNABLE TO ATTEND THIS APPOINTMENT OR HAVE ANY QUERIES REGARDING YOUR TEST, PLEASE TELEPHONE THE CLINIC ON 4607 5010.